



WORLD
UK

Nutricode Inner Balance New Generation *- Information Guide*



NUTRICODE

Nutricode Inner Balance New Generation

- Information Guide for FM World UK Business Partners

Welcome to our comprehensive guide on Nutricode's Inner Balance supplement. This supplement is designed to help individuals achieve sustainable weight loss and overall well-being.

Ingredients and Their Descriptions

- **Vitamin B6:** Essential for nervous system health, synthesis of neurotransmitters like serotonin and dopamine, reduces anxiety and depression, and helps manage emotional hunger.
- **Rosa Centifolia Extract:** Rich in antioxidants, removes metabolic waste products, and maintains acid-base balance.
- **Nettle Extract:** A gentle diuretic, helps process and flush away toxins, prevents urinary tract infections, and reduces water retention.
- **Zinc:** Crucial for immune function, wound healing, and DNA synthesis, supports pH regulation.
- **Calcium:** Neutralizes excess acid, supports bone health, vascular function, muscle function, and nerve transmission.
- **Potassium:** Responsible for water balance of cells, acid-base balance in blood and tissues, supports nervous system function.
- **Magnesium:** Needed for over 300 biochemical reactions, maintains nerve and muscle function, adjusts blood glucose levels, and aids in energy production.
- **Iron:** Helps create energy from nutrients and carries oxygen to cells.
- **Lemon Balm Extract:** Promotes proper sleep and supports digestive health.
- **Collagen:** Reduces physical hunger, improves skin firmness, and reduces wrinkles.
- **Jasmine Extract:** Reduces heart rate, provides a calming effect, and improves sleep quality.

Benefits

- Restores and maintains acid-base balance
- Supports metabolic waste elimination
- Improves mood and nervous system balance
- Enhances sleep quality and reduces stress
- Promotes skin firmness and reduces wrinkles

Best For

- Those seeking appetite control
- People aiming to eliminate metabolic waste and toxins
- Individuals suffering from water retention or urinary tract infections
- Those looking for better sleep quality and stress reduction
- Individuals who would like to strengthen their nervous system (add)
- People wanting to enhance skin firmness and reduce wrinkles

Contraindications

- Pregnant or breastfeeding women should consult their healthcare provider.
- Individuals with pre-existing medical conditions or those taking medication should seek medical advice.
- Persons allergic to any ingredients listed should avoid this supplement.

Additional information – Day Sachet

INGREDIENTS: calcium salts of citric acid (calcium), sodium citrate, magnesium citrate, potassium citrate, bulking agents: isomalt, sorbitols; acidity regulators: malic acid, citric acid; nettle herb extract (*Urtica dioica* L.) 1% silica, flavouring, hundred leaves rose flower extract (*Rosa centifolia* L.) 5% polyphenols, ferrous gluconate, colour: carotene; zinc citrate, sweetener: sucralose; cupric gluconate, vitamin B6 (pyridoxine hydrochloride).

Directions: Dissolve one sachet in 200 ml of water. Take one (1) day sachet twice a day. Do not exceed two (2) servings of the day sachet per day.

Supplement Facts – Day Sachet

Typical values

1 sachet (4.5 g)

- **Vitamin B6:** 0.7 mg (50%*)
- **Potassium:** 175 mg (9%*)
- **Calcium:** 275 mg (34%*)
- **Magnesium:** 75 mg (20%*)
- **Iron:** 5 mg (36%*)
- **Zinc:** 5 mg (50%*)
- **Copper:** 0.5 mg (50%*)
- **Sodium:** 175 mg
- **Hundred leaves rose extract:** 50 mg (of which polyphenols: 2.5 mg)
- **Common nettle extract:** 130 mg (of which silica: 1.3 mg)

2 sachets (9 g)

- **Vitamin B6:** 1.4 mg (100%*)
- **Potassium:** 350 mg (18%*)
- **Calcium:** 550 mg (69%*)
- **Magnesium:** 150 mg (40%*)
- **Iron:** 10 mg (71%*)
- **Zinc:** 10 mg (100%*)
- **Copper:** 1 mg (100%*)
- **Sodium:** 350 mg
- **Hundred leaves rose extract:** 100 mg (of which polyphenols: 5 mg)
- **Common nettle extract:** 260 mg (of which silica: 2,6 mg)

*NRV – % of Nutrient Reference Value for daily intake Do not exceed two (2) servings of the day sachet per day.

Additional information – Night Sachet

INGREDIENTS: bulking agent: isomalt; magnesium citrate, extract of lemon balm leaves (*Melissa officinalis* L.), bulking agent: calcium citrates; extract of common jasmine flowers (*Jasminum officinale* L.), colour: carotene; zinc citrate, sweetener: sucralose; fish collagen, anti-caking agent: magnesium salts of fatty acids. **Allergen Advice:** fish.

Directions: Dissolve one sachet in 200 ml of water. Take one (1) night sachet in the evening. Do not exceed one (1) serving of the night sachet per day.

Supplement Facts – Night sachet

Typical values

1 sachet (4.5 g)

- Magnesium: 56.3 mg (15%*)
- Zinc: 5 mg (50%*)
- Lemon balm extract: 200 mg
- Common jasmine extract: 50 mg
- Collagen: 5 mg

*NRV – % of Nutrient Reference Value for daily intake

The supplement contains sweetener

Sample Questions for Prospects

When engaging with potential customers, asking the right questions can help you understand their needs and position Nutricode's Inner Balance supplement as the ideal solution. These questions are designed to highlight common health concerns that our product can address, making it easier for you to demonstrate their value and benefits. Here's a brief introduction and how these questions can aid in effective prospecting and selling.

1. Do you struggle with emotional eating or managing your appetite?

Purpose: Addressing emotional eating can resonate with many individuals. Emphasize how Vitamin B6 and collagen help manage hunger and promote a balanced appetite.

2. Are you looking for ways to eliminate toxins and improve your body's pH balance?

Purpose: This question is aimed at prospects concerned about detoxification and maintaining a healthy pH balance. Explain how ingredients like Rosa Centifolia Extract and nettle extract aid in detoxifying the body and balancing pH levels.

3. Do you have issues with water retention or frequent urinary tract infections?

Purpose: Identifying issues like water retention and UTIs can help you recommend Inner Balance for its diuretic and detoxifying properties, particularly noting the benefits of nettle extract.

4. Are you seeking better sleep quality and stress reduction?

Purpose: Sleep and stress are common health concerns. Highlight how lemon balm and jasmine extracts in Inner Balance support relaxation and improve sleep quality.

5. Are you looking to support and strengthen your nervous system?

Purpose: This question helps identify prospects interested in maintaining a healthy nervous system. Highlighting the benefits of Vitamin B6 and other ingredients that support nervous system health can show how Inner Balance can contribute to overall well-being.

By asking these questions, you not only gather valuable information about your prospects' health concerns but also create an opportunity to discuss how Nutricode's Inner Balance New Generation can provide targeted solutions. This approach can lead to more meaningful conversations and successful sales.

Useful links

- **YouTube recording:**
<https://youtu.be/2FISl44JePU?si=3R7ql7MOzHJlQuZd>
- **FIT6 Programme Brochures:**
<https://www.uk.fmworld.com/downloads/fit6-programme---new-and-updated-103/>
- **Recorded webinars and PowerPoint Presentations to download:**
<https://www.uk.fmworld.com/distributors-zone/my-online-office-69/zoom-webinars-1142/>